

The Challenge of the Bhagavad Gita in Our Lives

An exchange with Dr. Ravi Ravindra

Sunday, May 14, 2017
6:00–7:30 PM

Reflections, Center for Conscious Living and Yoga
227 E 24th St, New York, NY 10010

“The Bhagavad Gita is perhaps the single most important sacred text to emerge from India. Great sages and thoughtful people in India—such as Vivekananda and Aurobindo—as well as outside—such as Henry David Thoreau, Aldous Huxley and Rudolf Steiner—have been very touched by it and have regarded it as the beacon of eternal wisdom. This text is unique in the vast literature of India as its teaching focuses on an engagement in the battle of life while at the same time turning to realities above the battle.”

Ravi Ravindra is an internationally known author and speaker. In addition to a profound study of the great traditions, he has had a longstanding and serious engagement with spiritual search.

He has been nourished by his close association with Krishnamurti, with Zen and with the Gurdjieff Work. He is the author of many books including, *The Spiritual Roots of Yoga: Royal Path to Freedom* and *The Wisdom of Patanjali's Yoga Sutras*. His book, *The Bhagavad Gita: A Guide to Navigating the Battle of Life* with a new translation and commentary will be published in April, 2017 by Shambhala Publications. At present Dr. Ravindra is Professor Emeritus of Dalhousie University, Halifax, Canada, where he had taught in the departments of Physics, Philosophy and Religion. [More details at www.ravindra.ca]

For information and reservations, which are highly recommended, please contact Patricia Hemminger at trishahemminger@gmail.com

Suggested donation \$15 (\$10 students and seniors)